

Track and Field Day

Parent Information Sheet

Track and Field Day is this Friday, May 15th. The event is going to include games and activities stationed around the school. We want to make sure this is a fun and safe day for the students, so it's important they wear the appropriate clothing and footwear while taking part in this event.

Items your students will need:

- **Comfortable clothing and tennis shoes** (please no flip-flops or crocs)
- **Sunscreen** (Events will take place outside, so please make sure your child has sunscreen.)
- **Water bottle** (Please send a water bottle there will be a refill station for water.)
- **Snack** (examples: goldfish, granola bars, fruit, fruit chews, trail mix)
****One of the stations will be a snack station and students will need to bring a snack from home.**

Schedule of events

3rd – 5th grade:

8:00-8:10 8:15-8:25 8:30-8:40

8:45-8:55 9:00-9:10 9:15-9:25

9:30-9:40 9:45-9:55 10:00-10:10

****Stations will begin at 8:00 and end at 10:10. Stations will be 10 minutes long with a 5-minute window to rotate to your next station. Each class will have a different rotation.**

K – 2nd grade:

12:30-12:40 12:45-12:55 1:00-1:10

1:15-1:25 1:30-1:40 1:45-1:55

2:00-2:10 2:15-2:25 2:30-2:40

****Stations will begin at 12:30 and end at 2:40. Stations will be 10 minutes long with a 5-minute window to rotate to your next station. Each class will have a different rotation.**